



Covid-19 Test Kit Instructions

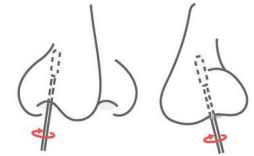
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<https://portal.circular1.com>

How to swab

1. Wash your hands and remove the sterile swab from its sheath, twist slightly to break the seal.
2. Guide the swab into one of your nostrils, until you meet slight resistance, rotate the swab fully 5 times in each nostril.
3. Put the swab back in its sheath then place it in the plastic bag and seal it.



How to register your swab online

1. Log in to the Circular1 Portal or scan the QR code above.
2. Click "register new swab" and select the test you want to submit.
3. Type or scan the barcode that's on the swab and complete all fields. Click "submit" to register your swab.
4. You will receive your result by email or text once the lab has processed your swab, which will also be available on the portal.

How to return your test

1. Place the completed swab pack.
2. Drop-off your test at your nearest drop-off point.